

WELCOME TO CENTRAL OREGON



Sparks Lake

Nestled on the dry, eastern side of the Cascade Mountains, the communities of Bend and Sunriver in Central Oregon offer a climate boasting 300 days of sunshine, offering a spectacular year-round setting for outdoor recreation. Here, a couple enjoys canoeing at Sparks Lake along the Cascade Lakes National Scenic Byway.

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GOLF

Central Oregon's beautiful scenery, sunny skies and dry climate have helped create the ideal setting for golf. Over twenty-five scenic and challenging golf courses make Central Oregon the northwest's undisputed golf capital and has earned being ranked among the "Top 25 Golf Destinations in the World" by *Golf Digest* magazine.



Aspen Lakes

CENTRAL OREGON



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Sample the best golf in Central Oregon by entering the largest amateur handicap golf tournament in the west, the Pacific Amateur Golf Classic. Anyone with an established USGA handicap is eligible to enter. Evenings are filled with the fun and camaraderie of the 19th-hole festivities at Sunriver Resort, the PacAm's Official Host Site, and where the Championship Round takes place at their Crosswater Golf Club, a Golf Digest "Top 100 Courses in America". The 2009 tournament will be held Sept. 26 – Oct. 1, 2009.

OUTDOOR ACTIVITIES

Central Oregon is home to Mt. Bachelor, the nation's sixth largest ski resort. From Mt. Bachelor's 9,065-foot summit, and with an average base of up to 200", riders of the snow take on over 3,600 acres of terrain with 71 runs accessed by the resort's impressive network of high-speed lifts. Additional winter fun includes Nordic skiing, high-speed tubing, dog-sledding, snowshoeing and snowmobiling.



Mt. Bachelor's Pine Marten Lodge provides dining and other services set among extraordinary views from its 7,700-foot mountain setting.

Winding, raging rivers and sparkling, Cascade Mountain lakes draw fishermen from all over the world. Fly-fishers are challenged to hone their skills at Wizard Falls on the Metolius River in Camp Sherman.

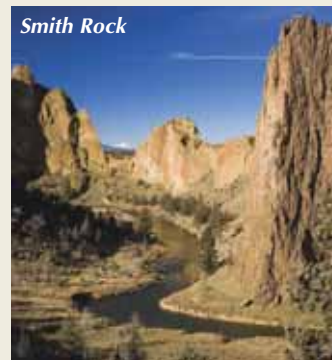


Miles and miles of mountain biking trails and cycling paths with spectacular mountain views, forest backdrops and running along natural water features make Central Oregon a favorite destination among cyclers and mountain bikers.



Families are thrilled by white water rafting on the Deschutes River.

Known internationally throughout the climbing world, Smith Rock State Park is located in



Terrebonne, 27 miles north of Bend and just north of the town of Redmond. Climbers from all over the world flock to Smith Rock to challenge themselves on the thousands of climbs in the park, many of which are bolted routes. Visitors come

to enjoy Smith Rock for its scenic views, hiking and mountain biking trails, and wildlife viewing.



Paulina Lake & Paulina Peak

The Newberry National Volcanic National Monument in La Pine includes 50,000+ acres of lakes, lava flows, and spectacular geologic features in Central Oregon. The summit area of Newberry Volcano holds two sparkling alpine lakes, East Lake and Paulina Lake, full of trout and salmon. Hike and mountain bike to many waterfalls along the Peter Skene Ogden National Scenic Trail and stay overnight at a campground or rustic cabin. Don't miss the 1,300 year old, 6,000 foot long, 65 foot thick, Big Obsidian Flow is known to be one of the most recent and most accessible obsidian flows in the world.

The High Desert Museum just 3 miles south of Bend offers a fun, educational experience for the whole family. This

nationally acclaimed "living" museum explores the natural forces, historical events and cultural traditions that have shaped Central Oregon. This showplace facility incorporates live animals, a dynamic *Birds of Prey* exhibit, pioneer presentations, Western and Native American art, streamside exhibits, and walk-through-time dioramas.



High Desert Museum



Balloons Over Bend

Central Oregon presents a year-round calendar of exciting events. Here, balloons splash color to the sky over downtown Bend's beautiful Drake Park during Balloons Over Bend in June.

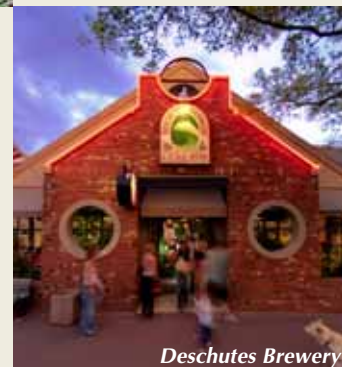


Pine Tavern

Downtown Bend presents a host of charming shops and eateries, including riverside patio dining at Pine Tavern Restaurant, Bend's most historic dining venue.

Central Oregon offers seven micro-breweries to tap from, including being the home of Deschutes Brewery. Visit

their original pub in downtown Bend to pair up a Brewery Burger with some brew, or head to their brewing facility for a free tour and tasting.



Deschutes Brewery



River Lodge

Accommodations in Central Oregon cater to every budget and taste, from intimate bed and breakfasts to luxurious guest rooms to traditional Western dude ranches. Seen here is an exquisite River Lodge guestroom at Sunriver Resort, Central Oregon's Four-Diamond destination resort.

DAY TRIPS

Approximately 100 miles south of Bend, spectacular Crater Lake National Park is a popular day-trip from Central Oregon and is only a short drive away.



Sunrise on Wizard Island

TRAVELING TO CENTRAL OREGON COULDN'T BE EASIER

FLIGHT TIMES TO REDMOND/BEND

PORTLAND	:45
SEATTLE	1:00
SALT LAKE CITY	1:00
SAN FRANCISCO	1:30
LAS VEGAS	2:00
LOS ANGELES	2:30
PHOENIX / MESA	2:30



MILEAGE AND DRIVE TIME TO BEND

BOISE	371 MI	6:20
LOS ANGELES	822 MI	13:30
PORTLAND	160 MI	3:00
SALT LAKE CITY	530 MI	10:10
SAN FRANCISCO	491 MI	8:34
SEATTLE	327 MI	5:52
SUNRIVER	17 MI	:21
LA PINE	30 MI	:45
MADRAS	42 MI	:45
PRINEVILLE	35 MI	:40
REDMOND	16 MI	:20
SISTERS	18 MI	:22



- CITY SERVED BY HORIZON/ALASKA AIRLINES
- CITY SERVED BY DELTA AIRLINES
- CITY SERVED BY UNITED EXPRESS
- CITY SERVED BY ALLEGiant AIR



Air travel is one of the most convenient ways to reach Central Oregon. Located approx. 16 miles north of the city of Bend, Roberts Field-Redmond Airport (RDM) provides the region with convenient, non-stop commercial air service to and from many major U.S. cities including: Las Vegas, NV (LAS); Los Angeles, CA (LAX); Phoenix-Mesa, AZ (AZA); Portland, OR (PDX); Salt Lake City, UT (SLC); San Francisco, CA (SFO); and Seattle, WA (SEA).



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